



THE PERSONAL ADVANTAGE WORK/LIFE WEBSITE

Our Personal Advantage Work/Life website is an interactive resource available to help you and your family build resilience and get answers to all of life's tough questions. Each day you are faced with events that can have an effect on you, both personally and professionally. Whether it is a health, financial, legal, relationship, or emotional issue, the effects of that issue are felt in all areas of your life. In order to better prepare yourself for all the challenges you face, we have compiled information to educate and enlighten you in all major life areas. We hope our assessments, videos, quizzes, courses, articles, calculators, and other resources will offer your assistance and comfort.

Our best-of-the-best content is all from world-class publishers (like Krames Staywell – a Harvard Health Publication, NBC Universal, NOLO Legal Press, Educated Investor, and many more). Our Work/Life portal includes the following resources:

- **Adoption Services Locators for:** Adoption Agencies; Adoption Attorneys; Foster Care
- **Adult Care Services Locators for:** Area Agencies on Aging; Assisted Living Facilities; In Home Services; Independent Housing; Continuing Care Retirement Communities; Geriatric Care Managers; Elder Law Attorneys; Emergency Response Systems; Hospices; Long Term Care Insurance; Medical Equipment; Subsidized Senior Housing; Rehabilitation; Senior Centers; Prescription Assistance; Nursing Homes; Transportation
- **Child Care Services Locators for:** Child Care Centers; Family Child Care; In Home Agencies; Summer Camps; Head Start
- **New Parent Services Locators for:** Lactation Consultants; Doulas
- **Educational Services Locators for:** Public Schools; Private Schools; Colleges and Universities; Vocational and Technical Schools
- Monthly webinars on topics on a variety of wellness and work/life issues. Webinars are archived to allow for future viewing.
- **Online health assessments for:** Alcohol Use Disorders Identification Test (AUDIT); Cardiac Risk; Depression Screening (PHQ9); Diabetes Risk; Drug Abuse Screening Test (DAST10); Fitness Assessment; General Health Risk Assessment; Health Assessment; Resilience Scale; Screen for Problem Gambling (NORC); Screening for Anxiety; Screening for Mania; Wellbeing Assessment
- **Online Legal Forms Library:** Downloadable legal forms including, but not limited to wills, rental agreements, temporary guardianship authorization for a minor, release forms, powers of attorney, et. al.
- **Thousands of articles and tip sheets on:** Emotional Well-being; Relationships; Finances; Health; Legal Topics; Professional Development and Personal Growth
- **And much more.....**