Getting Trauma Informed

On August 14, nearly 150 educators participated in a Trauma Informed Practices workshop. Teachers provided the following key takeaways on the feedback forms:

1. Students must first be regulated, then have a positive relationship with the teacher, then learning can occur.
2. Brain Breaks - rhythmic, patterned, repetitive movements help calm students and take them out of fight or flight mode.
3. Teachers should find/practice self-regulation/care strategies that work for them, and regularly model/share these strategies with their students.
4. Side by side vs. Face to face - when a student is dysregulated, try sitting next to the student, or take a walk and talk.
5. Learning targets provide predictability and safety.
8. Teach students about their brains (for example, The Learning Ready Brain https://vimeo.com/221019140)

Resources:
3. Afternoon Presentation 6-12 (https://goo.gl/TQwR49)

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Announcing: ICSOS Kindness

Welcome back to school for the 2018-2019 school year! We are off to a great start for a fabulous year ahead! Thank you to all of you, the hard-working educators across Inyo County, who worked tirelessly to get everything ready to greet your students for their new school year.

We are promoting our One Million Acts of Kindness initiative again this year. We are carrying the project into this year again with the Kindness Contest open to all classrooms in all schools in Inyo County. We want to encourage even more acts of kindness with this contest. Here’s how it works:

- Classes will keep track of the acts of kindness their students and teachers log at www.inyokindness.us. Remember to refresh the web page to see your numbers increase.
- When the class has logged 100 acts of kindness, send an email to me, Inyo County Superintendent of Schools, Dr. Lisa Fontana to let me know you’ve reached 100 acts of kindness, plus the grade level(s) in the class and how many students are in the class.
- Wristbands must be worn at the gate for admission.

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Welcome New Educators!

Congratulations to all of the following individuals who have accepted new positions in our schools.

**Big Pine USD**
- Autumn Eanes
- Gabrielle Guerrero
- Mary Hershderfer
- Indigo Johnson
- Mike Walsh

**Bishop USD**
- Garrett Carr
- Latisia Cyrus
- Carla Eckland
- Dallas Frederick
- Jennifer Hargrove
- Tracy Magan
- Nikki Manuemento
- Heidi Taylor
- Home Street MS: Adam Routt
- Bishop Union HS: Jolie Glaser
- Suzanne Honrath
- Elizabeth Murphy

**Palisade High:**
- Amy Dutton

**ICSOS**
- Heather Carr
- Michelle Case
- Savannah Cole
- Mark Glenn
- Tanya Zaleschuck

**Lone Pine**
- Chuck Carson
- Jayson Lozier

**Marjianne Yonge**
- Owens Valley
- Rosanne Lampariello

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Thanks for your feedback!

Last spring we asked for feedback and interest for Professional Learning offerings. Everyone who responded was placed into a raffle drawing and the lucky winner was: Barbara Fernandez

**Millpond Music Festival**
11th Annual “Night for Educators”
Friday, September 21st

Check your mail for directions on how to reserve your Free Friday night passes!

Wristbands must be worn at the gate for admission.
New Creativity at the Core Module:

Developing Empathy and Understanding through World Music, Grades K-12 (Module 19)

CCESA has just released a new K-12 arts integration module that focuses on using music as a lens through which we view the historical and cultural connections of people around the world and within our own communities. Help students develop empathy and understanding with this standards-based (music) curriculum. Find everything you need to get started at ccesaarts.org, then click on Creativity at the Core.

Connecting with Educators around NGSS

Interested in connecting with other educators around NGSS? Consider joining one of these Facebook groups or just be part of the conversation:

California Elementary Science Teachers: https://www.facebook.com/groups/515472468554988/
California Middle School Science Teachers: https://www.facebook.com/groups/471425786274198/
California High School Science Teachers: https://www.facebook.com/groups/243515175838036/

Save the Date!

**COLLEGE DAY**
OCTOBER 12, 2018
8th Grade
Cerro Coso College, Bishop

**POMONA 10TH GRADE TRIP**
OCTOBER 29-30, 2018
10th Grade
Cal Poly Pomona

**UNR**
NOVEMBER 8-9, 2018
8th Grade
University of Nevada, Reno

**SPELLING BEE**
JANUARY 31, 2019
4th—8th Grade
Jill Kinmont Boothe School

**POETRY OUT LOUD**
FEBRUARY 2019
9th-12th Grade
Inyo Council for the Arts

**HISTORY DAY**
MARCH 14, 2019
4th—12th Grade
Tri-County Fairgrounds

**SPEECH CONTEST**
APRIL 11, 2019
6th-8th Grade
Jill Kinmont Boothe School

**COLLEGE AND CAREER DAY**
APRIL 29, 2019
5th Grade
Cerro Coso College, Bishop

Announcing: ICSOS Kindness Continued

All classes who log 100 acts of kindness before December 1st, 2018, and who let me know you’ve reached that goal, will receive a book bag filled with new age-appropriate books and treats and will be featured on our Facebook page!

If a class logs 200 acts of kindness before December 1st, the prizes will be double!

All classes who log 500 or more acts of kindness by December 1st will receive a prize box with books and other surprises along with being highlighted on our Facebook page and in the news!

If you have any questions, you can email me at lfontana@icsos.us or Kim Cash at kcashmiller@icsos.us. We hope you have a wonderfully kind school year!